

Medical Section
School of Spiritual Science
at the Goetheanum

Curative Education and Social Therapy Council

Annual Report 2006

Mindfulness and trust

Point-Circle Meditation and Social Ethics Motto

The polarity of complementary central and peripheral processes connects the *Point-Circle Meditation*, which was developed in the Curative Education Course (Education for Special Needs) as an exercise to give depth to professional work in curative education and social therapy, with the *Social Ethics Motto* which Rudolf Steiner dedicated to the artist Edith Maryon.

Both come alive in the specific relationship between cognitive processes relating to wholes –synthetic – on the one hand, and acts of will – analytical – on the other which can broaden the horizon of what we learn through thought and help us to gain greater depth in the space we have for action.

In the evening part of the *Meditation* – arising from the day as we prepare for the night – we bring to mind our own inner centre, the part of it which in every human being is divine, as we try not merely to live with the idea 'In me is God' as an image but condense it so that we may find its very

essence. This may involve living experience not only of one's own individual nature, but also of the people with whom one has been connected in a helping relationship.

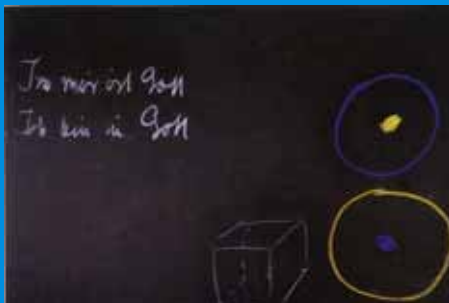
As we come out of the night and prepare for the day, the words 'I am in God' arise in meditation. At the same time we change the figure of the blue circle with the yellow point at the centre by letting the blue circle contract and become a point, whilst the yellow dot expands into a circle. We then no longer feel that we exist in a space which ultimately is wholly material and purpose-directed but that we have been received into the world in which the divine creative powers also show themselves of which human beings can be aware within themselves.

This gives rise to confidence, trust, that our own actions will be commensurate with events of the day ahead, though these are as yet unknown and unpredictable. It is a source spring for the disposition to act intuitively, a disposition where

we show openness and presence in both mind and spirit.

A similar 'evening process' comes in the first part of the *Social Ethics Motto* where it says: '... when in the mirror of the human soul the whole community arises'. The image of the whole will then not stop at being a reflected image of structures and distinguishing features but seek to enter more deeply into human beings and processes to get to know the essential aspects of a community – no mere image but a mirroring process that has been made inward. As with the *Point-Circle Meditation*, this is a process of deepening individual conscious awareness. It is certainly helpful to do the exercise together with others, but this does not free the individual from having to make the effort and truly let the 'whole community' come alive in his conscious mind.

Within these horizons of the conscious mind, we find also the content of the second part: everything which can become effective



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Healing only comes
when in the mirror of the human soul
the whole community arises
and the individual soul's strength
lives in the community.

Rudolf Steiner

because (many) individuals are part of the community.

In the second part of the Motto, the situation shows similar openness as the morning part of the Meditation: '... and the individual soul's strength lives in the community'. There appears to be free interplay between the two parts, evident in that they are linked by the conjunction 'and' – referring to no other conditions but that the two aspects are brought together. The key is the strength of the individual soul which makes its initiative power part of the community by taking effect intuitively in its living experience of the whole.

These relationships are archetypal in a social sense in the *Social Ethics Motto* and in terms of individuality in the curative education *Meditation*. The 'evening processes' of mindfulness create trust in the 'morning processes' in the will space for which human beings are and can be responsible in their actions for as long as they can relate to the image processes of mindfulness, always referring to the whole again in anything they do, mirroring it again.

The many and varied facets of both individual and social everyday life

show how little we are as yet able to live out these relationships, but exactly because of this they also show how beneficial it can be to take this up and practise doing it. For the idea of community often seems to be diffuse. Everyone first of all connects it with their own hopes, wishes, experiences or aversions. The simple, realistic exercise of the *Social Ethics Motto* can help us to develop new awareness of the nature of community – not a warm nest where one can be secure and free from the uncomfortable problems which life brings, yet also no moloch where the individual is exposed to the power of others and swallowed up completely. The shaping of communities does, however, also depend on whether members are granted access, altogether enabling them to gain a real view of the whole.

Speaking on the threefold nature of the social organism, Rudolf Steiner referred to an important developmental prospect in the social sphere. Future forms of society will characteristically always relate to the will intent of the individual: '... the soul and spirit which lives in the individual must live in the collective will

of the communal society. This is only possible if those who give form and shape to this collective will inwardly have complete understanding of the individual person, of their own will, in their will intent, their sentience, their ideas' (R. Steiner, *The Social Future*, lecture of 29 October 1919).

Actions based on the will then have intuitive character and relate to practical life – not in a merely 'natural' sense, but because they can then be filled with power of the spirit. 'What mind and spirit show him will then go directly into his hands, into anything done in life ... into the immediate practical life' (same lecture).

The curative education *Meditation* shows the same aim, which is to gain a more conscious connection with one's own intuitive potential so that our work in curative education or social therapy may bear fruit: '... with loving devotion develop the inner ability simply to perceive the essential aspect. At that moment you will tell yourself the right thing to do.'



Fotos: M-O. Ohlsson, M. Spalinger

Curative Education and Social Therapy Council Network

Closed meeting in 2006

The focus of the meeting was on 'community building'. After a number of years when the subject was somewhat left aside, with work concentrating more on structural and organizational issues, it was felt that it was time to turn to the fundamental aspects of a genuine social culture where issues of organizational development would not be ignored but be part of a wider view. Community configuring processes have spiritual, social and material aspects.

In the years that followed its reconstitution, the Curative Education and Social Therapy Council has become not just a forum for working on essential issues for the curative education and social therapy movement, but also a community of people who have come to be of one heart and mind as representatives of this professional field. This particularly also in the fruitful relationship between continuity and change in the membership of the Council.

Other subjects considered included:

Crisis management

Using actual examples, we worked on the question as to how crises and problems can be approached to find solutions in typical situations.

Guiding principles and modus operandi

To establish the Council's work more firmly it seemed important to produce a transparent formulation of its guiding principles and modus operandi, the method of electing representatives for countries and spheres of work (available on www.khsdornach.org).

Financial issues

It has been good to see that the model for financial contributions established and implemented over the last two years could be taken so far that it has come to be the generally accepted and supported way of maintaining the financial basis for the Council's international work.

Election of Coordination Group

After a first four-year run the new members of the Coordination Group were elected. They are Michael Dackweiler, Koop Daniels, Brigitta Fankhauser-Harter,

Angelika Gaech, Michaela Gloeckler, Ruediger Grimm, Mats-Ola Ohlsson and Brigitte van Rooij.

Members

Heartfelt thanks to members who have now retired, some of them after many years of work as Council members: Johanna Spalinger, Maria van den Berg, Edeline LeFevre, Johannes Denger, Christiane Werckmann, Willem de Koning and Richard Neal.

Permanent Groups

Bodies connected with training

The International Training Group is the plenary body of the training centres which are its members. It is moderated by the Training Council whose function it is to bring the projects and concerns of training to realization in practice. The Recognition Group is responsible for recognition procedures run at the request of training centres. Apart from this, an important function is to maintain contact and mutual training for the recognition mentors concerned with a peer-review process among centres.



The gesture through which communities arise comes from an individual. Powers of initiative and of responsibility must be shared so that a whole may arise. Then the individual is in turn sustained by the community and able to develop.

ECCE

The European Cooperation for Anthroposophic Curative Education and Social Therapy is a body made up of European associations of relatives and centres. It is specifically involved in socio-political issues in the European Union. ECCE is a separate legal entity.

Medical Group

for physicians working in curative education and social therapy. Annual conference of physicians to work on specifically medical issues concerning people with special needs.

Science Group

An open group of curative teachers, psychologists, physicians, philosophers and therapists who meet twice a year to work on research methods and epistemology.

Social Therapy Group

The group meets twice a year in different places, on the one hand to maintain contact with colleagues in the given region, and on the other to consider current issues relating to social therapy.

Finance Group

The Curative Education and

Social Therapy Financial Fund has legal responsibility for the financial concerns of the Council. In addition contact persons are responsible for financial issues in individual countries. Following discussions in the Council plenum, countries commit themselves to pay a regular contribution to make the Council's work possible.

Coordination Group

This group prepares and follows up Council meetings. It is elected by Council.

New initiatives

A number of new initiatives have arisen or have made an active connection with the Council: curative education centres e.g. in Japan, Lithuania, El Salvador, Armenia; new training initiatives developed in Bulgaria, for instance, Japan, Lithuania and Chile. In the sphere of training there is an increasing tendency to establish training courses also in the academic field.

Eliant

Initiatives for applied anthroposophy have come together in Eliant, joining forces to carry more weight in the organs of the

European Community. The aim is to gather a million signatures from all countries, not only EU ones, so that the interests and concerns of medicine, agriculture, education, curative education and social therapy can be effectively represented. ECCE is the active partner in this for curative education and social therapy (www.eliant.eu).

Conferences in 2006

Training conference

The conference of the International Training Group in Kassel was in May. The main theme was 'spiritual dimensions in professional training'. A number of training centres were the first to receive certificates of recognition based on the Medical Section's new recognition procedures.

International conference

'Life turning out well? Biographical dimensions in curative education and social therapy' was the focal point at the biennial international conference which was attended by c. 800 people from almost 30 countries. Intensive work was done and it was also a festive occasion.

In earlier times, the individual served the community. Today community forms designed for the future must provide for the individual's development.



Heilen und Erziehen (to heal and to educate)

'Power and potential of images' was the title of the 11th conference in the series. Two German universities were again participating. The conference provides an important place for communicating with representatives of different approaches in curative and special education. The conferences are regularly reported in the Dornacher Reihe series.

Class work

Apart from the Class members' meetings now regularly held after Council meetings, a series of four weekend meetings ran under the theme 'the curative education course against the background of the Class Lessons'.

Publications

Struktur und Kultur, ed. by Goetz Kaschubowski, appeared in the Curative Education and Social Therapy Council's Dornacher Reihe series. Apart from numerous specialist items, the journal *Seelenpflege* brought out an issue on the subject of 'old age and disability'. The contents of the websites has been regularly maintained and extended. The online bibliography

has been greatly extended, also adding facilities for downloading literature lists. The index of offers and centres of anthroposophic curative education and social therapy has been brought up to date and re-edited.

Library + bibliography

The Anthroposophic Curative Education specialist library has had further additions and been reorganized, online research improved thanks to more sophisticated software, and many new titles have been included.

Publicity

The Council receives many enquiries, e.g. as to suitable provision for children, young people and adults, training and practical work places, problem and conflict situations, advice with papers and publications on anthroposophic curative education and social therapy.

Collaboration

Apart from talks and involved in conferences and meetings, ad-hoc participation in various endeavours in many countries, the Secretary and staff have regular commitments to the following

associations and institutions:

IKAM, International Coordination Anthroposophic Medicine: bringing together the different disciplines and functions within the Medical Section

Goetheanum: departmental meeting

Confidentia, society for the promotion of individual responsibility for institutions, Dornach: membership of the steering group

Foundation for the furtherance of anthroposophic medicine: member of Foundation council

HFHS, College of anthroposophic curative education and social therapy, Dornach: Council chair

Association for anthroposophic curative education, social therapy and social work in Germany: council membership

Association for anthroposophic curative education and social therapy in Switzerland: serving on council and as trustee

IMEW, Institute of humanity, ethics and science, Berlin: member of board of trustees

Sonnhalde, residential school and adult work, Gempen: member of council



Life turning out well
Biographical dimensions in curative education and social therapy
International Congress at the Goetheanum in 2006

'Biographic paths are not followed by the individual alone but always in connection with others, in a social field and within a task community which is also on a path of development.'

Association for the Institute of Clinical Medicine in Arlesheim (resp. for Sonnenhof and Ita Wegman Clinic): member of council

Secretariat staff

Ruediger Grimm, PhD, Dipl. Ed., teacher, curative teacher, Secretary to Curative Education and Social Therapy Council, coordinator and representative for international network, scientific and administrative work, advice, editing *Seelenpflege* journal.

Regina Denzler, general administration, bookkeeping, information, administration of *Seelenpflege* journal.

Christianne Buechner, lic. ph., clin. curative educator, scientific work, editing *Seelenpflege* journal, publications, library and bibliography

Fee-based staff

Bernhard Schmalenbach, Dr Ed., Dipl. Soc. Ed., editing *Seelenpflege* journal

Roland Maus, graphics, layout for *Seelenpflege* journal

Martha Hoepler, curative teacher, library, bibliography

Voluntary staff

Peter Arni, PhD, editor of websites
Arnold Kirchgraber, online bibgr.

Annual accounts for 2006

Balance sheet

	2005	2006
Assets		
Liquid funds	254'855.86	243'742.97
short-term sums outstanding	29'924.25	29'975.65
transitory assets	33'390.05	20'707.30
student loans	74'925.30	89'348.84
fixed assets	9'003.36	9'895.03
Total assets	402'098.82	393'669.79
Liabilities		
Creditors	7'436.93	12'050.73
Projects and conferences	94'329.24	53'242.98
transitory liabilities	15'971.30	18'060.88
donations for specific purposes	1'702.85	1'702.85
study funds	120'000.00	120'000.00
own capital	157'188.60	159'758.50
profit 2006	5'469.90	28'853.85
Total liabilities	396'628.92	393'669.79

Legal responsibility

rests with the Fonds fuer Heilpaedagogik und Sozialtherapie (curative education and social therapy fund), a registered charity under Swiss law. Members: Michael Dackweiler (chairman of board), Monika Bill, Regina Denzler

(council), Michaela Gloeckler, Ruediger Grimm (council), Richard Steel, Manfred Trautwein.



Profit and loss account

	1.1.-31.12.2005	1.1. -31.12.2006	budget 2007
Expenditure			
Personnel costs	252'134.84	257'532.54	263'900.00
Contribution to Medical Section	37'000.00	37'000.00	37'000.00
Council expenditure	42'114.33	51'528.48	57'200.00
Seelenpflege journal	38'050.17	44'913.54	44'500.00
Publications / clerical services	7'581.15	4'789.95	1'000.00
Secretariat expenditure	57'885.26	51'279.90	59'000.00
Total expenditure	434'765.75	447'044.41	462'600.00
Profit			
Contributions from countries	324'228.70	373'332.51	370'026.00
Seelenpflege journal	65'823.95	72'658.49	64'000.00
Fees / reimbursed expenses	7'030.32	3'991.38	3'000.00
Other income	43'152.68	25'915.88	17'500.00
Total profits	440'235.65	475'898.26	454'526.00
Gain in 2006 (Losses in 2007)	5'469.90	28'853.85	-8'074.00
Accounts audited by Buschor Treuhand Auditors and approved at the General Meeting of the Fonds fuer Heilpaedagogik und Sozialtherapie on 31 March 2007.			

Acknowledgement

Collaboration in an international network of people and initiatives is a privilege. We are indebted to many people who support our work with personal commitment, financial help, recognition, encouragement and helpful criticism. A privilege always means obligation

– above all towards people with special needs. Our work is done to help them in the different countries and in their life situations.

Ruediger Grimm, Secretary



Council members in 2006

Argentina

Adriana Pérez
Tatiana Schneider

Australia

Martin Porteous

Austria

Michael Mullan
Leonardo Schmidt

Belgium

Bart Vanmechelen

Brazil

Paula Cardoso Mourao
Maria Regina Redondo

Czech Republic

Anezka Janátova, PhD

Columbia

Anne Mordhorst

Denmark

Lisbet Kolmos, MD
Lars Svendsen

Germany

Erika von Arnim
Hans Dackweiler
Michael Dackweiler
Wolfgang Dahlhaus
Johannes Denger^o
Erda-Maria Didszun
Rainer Dormann
Angelika Gaech, MD
Stephan Goebel
Thomas Kraus
Andrea Kron-Petrovic
Helmut Pohlmann
Ulrike Sachse
Stefan Siegel-Holz
Ina Starke
Manfred Trautwein
Frank Walle, PhD

Estonia

Ann Särev*

Finland

Leni Knutar
Hannu Outakivi

France

Magali Bourcart
Christiane Werckmann^o

nn

Georgia

Marina Schostak, PhD

Greece

Anastasia Gardeli

United Kingdom

England
Paul Bradford
Brigitte van Rooij
Northern Ireland
Edeline LeFevre^o
Scotland
Angela Ralph

India

nn

Ireland (Republic)

Antoine Roulet

Israel

Zwi Dwir

Italy

Gabriella Tamplenizza

Kirghizia

Igor Ijitsch Schälke

Latvia

Svetlana Kudrjaschowa

Netherlands

Marijke Bijloo
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Willem de Koning^o
Hans Lap*
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New Zealand

Raymond Eberhard

North America

Kimberly Dorn Bay
Richard Neal^o

Norway

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Bente Edlund
Birgit Hammer

Pakistan

Shahida Hannelsen

Peru

Fernando López

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Portugal

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Mats-Ola Ohlsson
Dick Tibbling

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Christian Gaegauf
Esther Martinet
Ute Metzger*

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Kristin Neckel
Erdmut Schaedel, MD
Thomas Schoch

Southern Africa

Andreas Schutter
Johanna Spalinger^o
Matthias Spalinger*

Ukraine

Hanna Hack
Valeriya Medvedeva

Special subject groups:

Training
Angelika Gaech, MD
ECCE
Christian Gaegauf
Adrienne Thier
Bernard Heldt
Science Group
Goetz Kaschubowski, PhD
Social Therapy
Brigitta Fankhauser
Physicians

Martin Niemeijer

Maria van den Berg^o

Andrea Seemann*

Medical Section
Michaela Gloeckler, MD
Ruediger Grimm, PhD
Christianne Buechner

^o members who retired

* new members

Figures for 2006

594

centres and offers
for curative education and
social therapy

60

training centres

37

national associations, profes-

sional associations

associations of family

members

in

42

countries

(status of spring 2006)

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